



# NUTRITION PRODUCT INFO BOOK

## SECRET



**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

# RECOVERY

### Product Description

Recovery is a patented rapid-release molecular hydrogen producing tablet that supports alkalizing effects.\* Molecular hydrogen has been researched by over 400 studies. Fast-acting Recovery helps maintain an alkaline state in the cells and tissues by supporting the natural reduction of acids in the body.\*

### Benefits / Top retailing points

- Supports an alkaline state in cells and tissues\*
- Helps the body’s natural ability to process lactic acid\*
- Supports physical and mental energy\*
- Nutrition for the body’s natural anti-aging mechanisms\*
- Supports body’s major organs/systems\*
- Informed Sport Certified
- Helps ease occasional discomfort and supports maintaining joint health and flexibility\*
- Helps maintain a healthy nervous system and stress adaptation\*
- Helps maintain blood sugar levels for those already in the normal range\*
- Helps maintain a healthy cardiovascular system and supports healthy cholesterol levels for those already in the normal range\*
- Provides bone mineralization benefits and supports healthy skin\*
- Aids energy production and supports muscle tissue during exercise\*
- Source of calcium to build strong bones\*
- One serving per day is all that is needed
- Vegan gel capsule system makes consumption simple and convenient
- Kosher

### Did You Know?

- Hydrogen is naturally occurring in the body and is fundamental in energy metabolism
- Many of the mitochondria in our cells may not be functioning properly due to stress, unhealthy eating or exposure to environmental toxins and aging
- Healthy bacteria in the gut microbiome produce hydrogen. However, low fiber diets, medications, stress, and high meat diets disturb the gut microbiome and reduce the natural production of hydrogen

### Key Ingredients

HydroFX® (magnesium blend)

### Suggested Use:

As a dietary supplement, take 2 capsules daily with at least 8 oz of water or a water-based beverage.

**Supplement Facts Next Page**



# RECOVERY

## Supplement Facts

Serving Size: 2 Tablets  
Servings Per Bottle: 45

	Amount Per Serving	% DV**
Calcium (Calcium)	100 mg	10%
Magnesium (as HYDROFX®)	68 mg	15%
Mineral Blend (as HYDROFX®)	120 mg	◇

◇Daily Value (DV) not established.  
\*\*Percent DV are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.







**Who Should Use CURB ?**  
Any adult who consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, may benefit from CURB supplementation. To be used in conjunction with a balanced diet and exercise.

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# CURB

**Product Description**  
CURB is an herbal supplement intended to assist with appetite control. This unique, proprietary formula is designed to support your body's metabolism, balanced energy, and help reduce cravings for potentially unhealthy foods. CURB can be used on a regular basis to help in the journey of long-term health and weight management goals.

- Benefits / Top retailing points**
- Antioxidant
  - Thermogenic
  - Helps curb cravings for sugar\*
  - Helps curb cravings for salt\*
  - Helps support a fat-burning metabolism\*
  - Helps support weight-management goals when combined with a balanced diet and exercise
  - Non-GMO
  - Gluten, dairy, and sugar free
  - Soy, nut, and nightshade free
  - No fillers, artificial flavors, sweeteners or preservatives
  - Kosher

**Did You Know?**  
Did you know that a standard drive-thru Frappuccino contains more purified sugar than two candy bars combined?  
Did you know that high-fructose corn syrup cannot be metabolized by muscle tissue? It can only be metabolized into body fat by the liver.

**Directions:**  
Take 2 capsules 20-30 minutes before a meal with at least 8 oz. of water.

**Caution:**  
If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.

**Supplement Facts Next Page**



# CURB

Supplement Facts		
Serving Size: 2 Capsules Servings Per Container: 45		
	Amount Per Serving	% DV**
Calories	5	
<b>Thermogenic Blend</b>	458 mg	⬇
Organic Parsley Leaf, Organic Maca Root, Organic Matcha Green Tea, Yerba Mate Leaf Extract, Organic Green Tea Leaf Extract, Green Coffee Bean Extract		
<b>Appetite Support Blend</b>	942 mg	⬇
Organic Prickly Pear Leaf, L-Carnitine, African Wild Mango Seed, Garcinia Fruit Extract, American Ginseng Root Extract, White Kidney Bean Extract, Forskollili Root Extract		
**Percent Daily Value are based on a 2,000 calorie diet. ⬇Daily Value not established.		

Other Ingredients: Vegetarian Capsule.

  
NON-GMO

  
GLUTEN FREE

  
DAIRY FREE

  
SOY FREE

  
VEGAN

  
NO SUGAR ADDED

  
KOSHER

  
NOARTIFICIAL INGREDIENTSOR PRESERVATIVES



**Who Should Use Shake (Vanilla) ?**  
Any adult who consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, might benefit from SHAKE supplementation.

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# SHAKE (Vanilla)

**Product Description**  
SHAKE (Vanilla) is a proprietary, organic superfoods blend that makes it easy to get your daily serving of clean protein. This delicious and nutritious vegan formula contains sprouted brown rice, sprouted yellow pea, chia seed, and additional sprouted ancient grains to nourish the body with all essential amino acids. Everything you want and nothing you don't.

- Benefits / Top retailing points**
- Complete amino acid profile
  - Easily digested and fiber rich
  - Alternative to soy, whey, and milk protein
  - Assists in building lean muscle when combined with regular exercise and a healthy balanced diet\*
  - Source of protein for the maintenance of good health\*
  - Non-GMO, organic, plant-based, vegan whole food
  - Gluten, dairy, and sugar free
  - Soy, nut, and nightshade free
  - No fillers, artificial flavors, sweeteners or preservatives
  - 20 grams of protein, 120 calories, and 4 grams of carbs per serving
  - Informed Sport Certified
  - Kosher

**DID YOU KNOW?**

- Two shakes per day, one healthy balanced meal, and exercise can be a delicious way to support a weight management routine. Consider CURB, GREENS and DIGESTX too
- Sprouted ancient grains are higher in several nutrients, including protein, fiber, vitamin C, folate and beta carotene. Sprouting decreases the levels of phytic acid and enzyme inhibitors making grains easier to digest

**Directions:**  
Mix two level scoops with 8 oz. of cold water (or preferred plant-based milk) one to two times a day. Mix or shake well until smooth.

**Supplement Facts Next Page**



# SHAKE (Vanilla)

Supplement Facts		
Serving Size: 2 Scoops (29 g)		
Servings Per Container: 20		
	Amount Per Serving	% Daily Value <sup>1</sup>
Calories	120	
Total Fat	2.5 g	4%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	4%
Protein	20 g	
Calcium	30 mg	2%
Iron	4 mg	28%
Sodium	280 mg	13%
Proprietary Organic Vegan Protein Blend	25.1 g	**
Organic Pea Protein, Organic Brown Rice Protein, Organic Chia Seed		
Proprietary Organic Sprouts and Fiber Blend	349 mg	**
Organic Inulin (Jerusalem Artichoke), Organic Alfalfa Sprout, Organic Amaranth Sprout, Organic Millet Sprout, Organic Quinoa Sprout		
<sup>1</sup> Percent Daily Values are based on a 2,000 calorie diet.		
<sup>**</sup> Daily Value not established.		

**Other Ingredients:** Natural Vanilla Flavor, Organic Brown Rice, Organic Monk Fruit Extract Flavor, Organic Stevia.







**i** Who Should Use Shake (Vanilla) ?  
Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, or those frequently exposed to pollution might benefit from Shake (Vanilla) supplementation.

**\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

# SHAKE (Vanilla)

## Product Description

SHAKE (Vanilla) is a proprietary organic superfoods blend that makes it easy to get your daily serving of clean protein. This delicious and nutritious vegan formula contains sprouted brown rice, sprouted yellow pea, chia seed, and additional sprouted ancient grains to nourish the body with all essential amino acids. Everything you want and nothing you don't.

## Benefits / Top retailing points

- Complete amino acid profile
- Easily digested and fiber rich
- Alternative to soy, whey, and milk protein
- Assists in building lean muscle when combined with regular exercise and a healthy balanced diet\*
- Source of protein for the maintenance of good health\*
- Non-GMO, organic, plant-based, vegan whole food
- Gluten, dairy, and sugar free
- Soy, nut, and nightshade free
- No fillers, artificial flavors, sweeteners or preservatives.
- 22 grams of protein, 120 calories, and 4 grams of carbs per serving
- Informed Sport Certified
- Kosher

## DID YOU KNOW?

- Two shakes per day, one healthy balanced meal, and exercise can be a delicious way to support a weight management routine. Consider CURB, GREENS and DIGESTX too
- Sprouted ancient grains are higher in several nutrients, including protein, fiber, vitamin C, folate and betacarotene. Sprouting decreases the levels of phytic acid and enzyme inhibitors making grains easier to digest

## Directions:

Mix two level scoops with 8 oz. of cold water (or preferred plant-based milk) one to two times a day. Mix or shake well until smooth.





# SHAKE (Vanilla)

## Typical Amino Acid Profile

(mg per serving)	
Alanine	1229 mg
Arginine	2029 mg
Asparagine	2723 mg
Cystine	115 mg
Glutamine	3827 mg
Glycine	915 mg
Histidine	586 mg <sup>o</sup>
Hydroxyproline	54 mg
Isoleucine	1114 mg <sup>o+</sup>
Leucine	2042 mg <sup>o+</sup>
Lysine	32 mg <sup>o</sup>
Methionine	80 mg <sup>o</sup>
Phenylalanine	1392 mg <sup>o</sup>
Proline	1062 mg
Serine	1072 mg
Threonine	653 mg <sup>o</sup>
Tryptophan	80 mg <sup>o</sup>
Tyrosine	899 mg
Valine	1181 mg <sup>o+</sup>

<sup>o</sup>Essential Amino Acids  
<sup>+</sup>BCAA

## Supplement Facts

Serving Size: 2 Scoops (31 g) Servings Per Container: 28		
	Amount Per Serving	% Daily Value
Calories	120	
Total Fat	2.5 g	4%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	4%
Protein	22 g	
Calcium	30 mg	2%
Iron	4 mg	28%
Sodium	380 mg	17%
Proprietary Organic Vegan Protein Blend	27.34 g	**
Organic Pea Protein, Organic Brown Rice Protein, Organic Chia Seed.		
Proprietary Organic Cocoa Fiber Blend	349 mg	**
Organic Inulin (Jerusalem Artichoke), Organic Alfalfa Sprout, Organic Amaranth Sprout, Organic Millet Sprout, Organic Quinoa Sprout.		

<sup>\*\*</sup>Percent Daily Value are based on a 2,000 calorie diet.  
<sup>o</sup>Daily Value not established.

Other Ingredients: Natural Vanilla Flavor, Organic Brown Rice, Organic Monk Fruit Extract Flavor, Organic Stevia.

  
NON-GMO

  
GLUTEN FREE

  
DAIRY FREE

  
NUT FREE

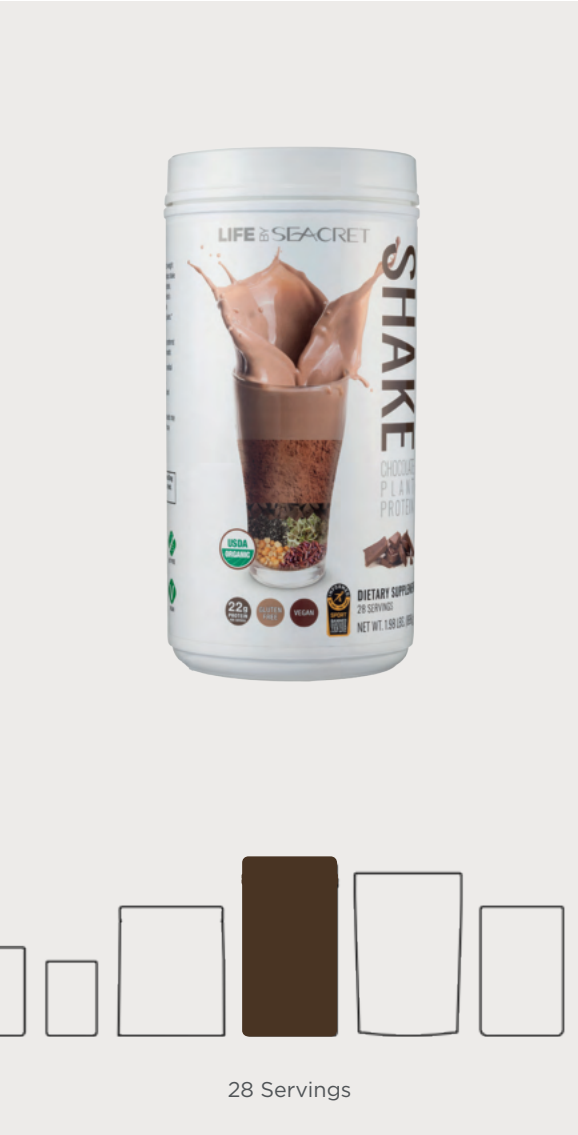
  
KOSHER

  
VEGAN

  
NO ARTIFICIAL  
INGREDIENTS OR  
PRESERVATIVES

  
SOY FREE





**Who Should Use Shake (Chocolate) ?**  
Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, or those frequently exposed to pollution might benefit from Shake (Chocolate) supplementation.

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# SHAKE (Chocolate)

## Product Description

SHAKE (Chocolate) is a proprietary organic superfoods blend that makes it easy to get your daily serving of clean protein. This delicious and nutritious vegan formula contains sprouted brown rice, sprouted yellow pea, chia seed, and additional sprouted ancient grains to nourish the body with all essential amino acids. Everything you want and nothing you don't.

## Benefits / Top retailing points

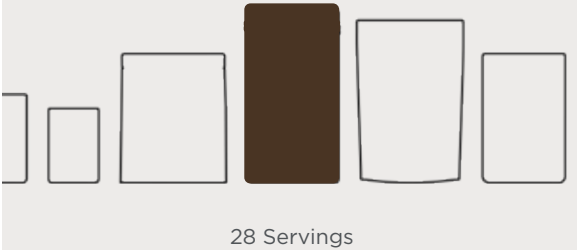
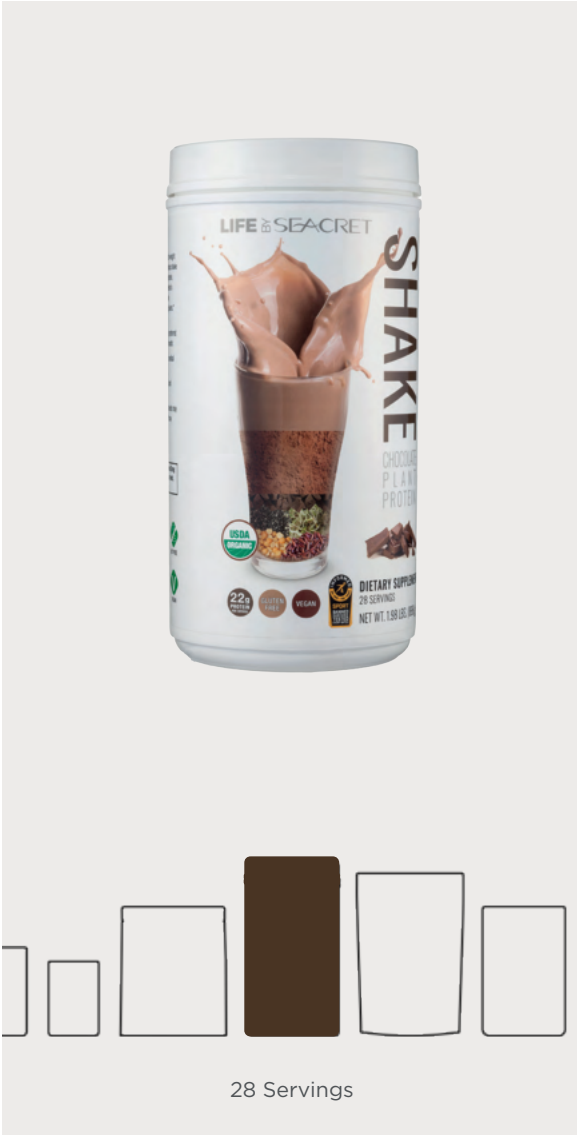
- Complete amino acid profile
- Easily digested and fiber rich
- Alternative to soy, whey, and milk protein
- Assists in building lean muscle when combined with regular weight resistance and a healthy balanced diet\*
- Source of protein for the maintenance of good health\*
- Non-GMO, organic, plant-based, vegan whole food.
- Gluten, dairy, and sugar free
- Soy, nut, and nightshade free
- No fillers, artificial flavors, sweeteners or preservatives.
- 22 grams of protein, 120 calories, and 4 grams of carbs per serving
- Informed Sport Certified
- Kosher

## DID YOU KNOW?

- Two shakes per day, one healthy balanced meal, and exercise can be a delicious way to support a weight management routine. Consider CURB, GREENS and DIGESTX too
- Sprouted ancient grains are higher in several nutrients, including protein, fiber, vitamin C, folate and betacarotene. Sprouting decreases the levels of phytic acid and enzyme inhibitors making grains easier to digest

## Directions:

Mix two level scoops with 8 oz. of cold water (or preferred plant-based milk) one to two times a day. Mix or shake well until smooth.



# SHAKE (Chocolate)

Typical Amino Acid Profile	
(mg per serving)	
Alanine	988 mg <sup>o</sup>
Arginine	1798 mg <sup>o</sup>
Aspartic Acid	2369 mg <sup>o</sup>
Cystine	239 mg <sup>o</sup>
Glutamic Acid	3621 mg <sup>o</sup>
Glycine	916 mg <sup>o</sup>
Histidine	537 mg <sup>o</sup>
Isoleucine	1039 mg <sup>o</sup>
Leucine	1810 mg <sup>o</sup> *
Lysine	1637 mg <sup>o</sup>
Methionine	324 mg <sup>o</sup>
Phenylalanine	1193 mg <sup>o</sup>
Proline	1002 mg <sup>o</sup>
Serine	1101 mg <sup>o</sup>
Threonine	802 mg <sup>o</sup>
Tryptophan	235 mg <sup>o</sup>
Tyrosine	890 mg <sup>o</sup>
Valine	1126 mg <sup>o</sup> *
<sup>o</sup> Essential Amino Acids	
<sup>*</sup> BCAA	

Supplement Facts		
Serving Size: 2 Scoops (32 g)		
Servings Per Container: 28		
	Amount Per Serving	% Daily Value
Calories	120	
Total Fat	2.5 g	3% <sup>o</sup>
Saturated Fat	0.5 g	3% <sup>o</sup>
Total Carbohydrate	4 g	1% <sup>o</sup>
Dietary Fiber	2 g	7%
Protein	22 g	
Calcium	32 mg	2%
Iron	6 mg	33%
Sodium	370 mg	16%
Proprietary Organic Vegan Protein Blend	27.5 g	**
Organic Pea Protein, Organic Brown Rice Protein, Organic Chia Seed		
Proprietary Organic Cocoa Fiber Blend	2.75 g	**
Organic Alkalyzed Cocoa, <sup>A</sup> Organic Artichoke Inulin, Organic Alfalfa Sprout, Organic Amaranth Sprout, Organic Millet Sprout, Organic Quinoa Sprout		
<sup>*</sup> Percent Daily Value are based on a 2,000 calorie diet.		
<sup>o</sup> Daily Value not established.		

Other Ingredients: Natural Chocolate Flavor, Natural Vanilla Flavor, Organic Stevia, Organic Monk Fruit Extract Flavor, Himalayan Salt.  
<sup>A</sup> Fair Trade Certified



**Who Should Use Greens?**  
Any adult who consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, or those frequently exposed to environmental aggressors might benefit from Greens supplementation.

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# GREENS

**Product Description**  
GREENS is a proprietary, organic, raw superfoods blend that makes it easy to get your daily serving of revitalizing green nutrients. Our thoughtfully combined alkalizing organic grasses, veggies, and superfoods give you a burst of nutrients to help you naturally energize your life.

- Benefits / Top retailing points**
- A bio-available source of vitamins, minerals, co-factors, and antioxidants
  - Naturally alkalizing and can help balance excess acidity frequently caused by the Western Diet
  - May help to support normal blood pressure, blood sugar and blood cholesterol levels already in their normal ranges\*
  - Contribute to a well-balanced diet with potential to enhance energy\*
  - Non-GMO, organic, raw, whole vegan superfood
  - Gluten, dairy and sugar free
  - Soy, nut and nightshade free
  - Kosher

**DID YOU KNOW?**

- Organic, raw Greens means that the naturally occurring enzymes are still active versus greens that are heat processed
- Our Greens contain the whole plant wheat grass and barley grass, and concentrated wheat grass and barley grass juice
- Wheat and barley grass juice is never heated above 106°F (41°C) during extraction to preserve enzymes and the whole plant goodness

**Directions:** Mix one level scoop with 8 oz. of cold water (or preferred plant-based milk) one to two times a day. Mix or shake well until smooth. Can also be added to our Life By Secret SHAKE.

**Supplement Facts Next Page**

# GREENS

Supplement Facts		
Serving Size: 1 Scoop (10 g)		
Servings Per Container: 20		
	Amount Per Serving	% Daily Value <sup>1</sup>
Calories	40	
Total Carbohydrate	7 g	3%
Dietary Fiber	3 g	11%
Sugars	1 g	**
Protein	1 g	
Calcium	33 mg	2%
Iron	1 mg	6%
Sodium	15 mg	1%
Potassium	164 mg	3%
Proprietary Grasses Blend	4.7 g	**
Organic Barley Grass Juice, Organic Wheat Grass Juice, Organic Alfalfa Leaf, Organic Wheat Grass, Organic Oat Grass, Organic Barley Grass		
Proprietary Greens Blend	525 mg	**
Organic Cabbage Leaf, Organic Carrot Root, Organic Kale Leaf, Organic Spinach Leaf, Organic Broccoli Flower, Organic Broccoli Sprout		
<sup>1</sup> Percent Daily Values are based on a 2,000 calorie diet.		
<sup>**</sup> Daily Value not established.		

**Other Ingredients:** Organic Brown Rice, Organic Tapioca Oligosaccharides, Organic Raspberry Flavor, Organic Apple Flavor, Organic Apple, Monk Fruit Extract Flavor.

NON-GMO

GLUTEN FREE

DAIRY FREE

NUT FREE

KOSHER

VEGAN

NO ARTIFICIAL INGREDIENTS OR PRESERVATIVES

SOY FREE





28 Servings

**Who Should Use Greens?**  
Any adult who consumes the Western style diet\* or individuals with a hectic, busy, or stressful lifestyle, or those frequently exposed to environmental aggressors might benefit from Greens supplementation.

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# GREENS

## Product Description

GREENS is a proprietary, organic, raw superfoods blend that makes it easy to get your daily serving of revitalizing green nutrients. Our thoughtfully combined alkalizing organic grasses, veggies, and superfoods give you a burst of nutrients to help you naturally energize your life.\*

## Benefits / Top retailing points

- A bio-available source of vitamins, minerals, co-factors, and antioxidants
- Naturally alkalizing and can help balance excess acidity frequently caused by the Western Diet\*
- May help to support normal blood pressure, blood sugar and blood cholesterol levels already in their normal ranges\*
- Contribute to a well-balanced diet with potential to enhance energy\*
- Non-GMO, organic, raw, whole vegan superfood
- Gluten, dairy and sugar free
- Soy, nut and nightshade free
- Kosher

## DID YOU KNOW?

- Organic, Greens means that the naturally occurring enzymes are still active versus greens that are high-thermally processed
- Our Greens contain the whole plant wheat grass and barley grass, and concentrated wheat grass and barley grass juice
- Wheat and barley grass juice is never heated above 106°F (41°C) during extraction to preserve enzymes and the whole plant goodness

## Directions:

Mix one level scoop with 8 oz. of cold water (or preferred plant-based milk) one to two times a day. Mix or shake well until smooth. Can also be added to our Life By Seacret SHAKE.

Supplement Facts Next Page





28 Servings

# GREENS

## Supplement Facts

Serving Size: 1 Scoop (10 g)		
Servings Per Container: 28		
	Amount Per Serving	% DV**
Calories	40	
Total Carbohydrate	7 g	3%
Dietary Fiber	3 g	11%
Sugars	1 g	**
Protein	1 g	
Calcium	33 mg	2%
Iron	1 mg	6%
Sodium	15 mg	1%
Potassium	164 mg	3%
Proprietary Grasses Blend	4.7 g	**
Organic Barley Grass Juice, Organic Wheat Grass Juice, Organic Alfalfa Leaf, Organic Wheat Grass, Organic Oat Grass, Organic Barley Grass		
Proprietary Greens Blend	525 mg	**
Organic Cabbage Leaf, Organic Carrot Root, Organic Kale Leaf, Organic Spinach Leaf, Organic Broccoli Flower, Organic Broccoli Sprout		
<small>*Daily Value not established.</small>		
<small>**Percent DV are based on a 2,000 calorie diet.</small>		

Other Ingredients: Organic Brown Rice, Organic Tapioca Oligosaccharides, Organic Raspberry Flavor, Organic Apple Flavor, Organic Apple, Monk Fruit Extract Flavor.



NON-GMO



GLUTEN FREE



DAIRY FREE



SOY FREE



VEGAN



NO SUGAR ADDED



PLANT BASED



NO ARTIFICIAL INGREDIENTS OR PRESERVATIVES





**Who Should Use Green Caps?**  
Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle might benefit from supplementation with Greens Caps.

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# GREENS CAPS

**Product Description**  
GREENS CAPS is a proprietary organic superfoods blend to make it easy to get your daily servings of greens. Greens Caps is formulated with a proprietary superfoods blend to make it easy to get your daily serving of revitalizing nutrients. Our thoughtfully combined, proprietary blend of alkalizing organic grasses, superfoods, and veggies give you a burst of nutrients to help you naturally energize your life.\*

- Benefits / Top retailing points**
- A bio-available source of vitamins, minerals, co-factors, and antioxidants. \*
  - Greens Caps are naturally alkalizing and can support the body's natural balance of acidity frequently caused by the Western Diet.\*
  - Helps maintain blood sugar levels for those already in the normal range.\*
  - May help to support normal blood pressure, blood sugar and blood cholesterol levels already in their normal ranges. \*
  - Greens contribute to a well-balanced diet with potential to enhance energy. \*

**DID YOU KNOW?**  
Organic raw Greens means that the naturally occurring enzymes are still active versus greens that are heat processed.

- What makes this product unique:**
- Convenient to swallow capsules make it easy to take anytime, anywhere.
  - Non-GMO, Organic, Raw, Whole Vegan Superfood
  - Gluten, Dairy and Sugar Free
  - Soy, Nut and Nightshade Free
  - KOSHER

**Directions:** As a dietary supplement, take 2 capsules with meals once or twice a day.

**Caution:**  
If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.

**Supplement Facts Next Page**



# GREENS CAPS

Supplement Facts		
Serving Size: 2 Capsules Servings Per Container: 30		
	Amount Per Serving	% DV
<b>Superfoods Blend</b>	1 g	0
Organic Barley Grass Juice Powder, Organic Wheat Grass Juice Powder, Organic Oat Grass Juice Powder, Organic Cabbage Leaf, Organic Carrot Root, Organic Broccoli Sprout, Organic Broccoli Flower, Organic Kale Leaf, Organic Spinach Leaf.		
*Daily Value not established.		

Other Ingredients: Vegetarian Capsule.

NON-GMO

GLUTEN FREE

DAIRY FREE

SOY FREE

VEGAN

NO SUGAR  
ADDED

PLANT  
BASED

NO ARTIFICIAL  
INGREDIENTS OR  
PRESERVATIVES



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# BOOSTER

## Product Description

BOOSTER is a proprietary mineral and herbal formula that buffers excess body acidity and supports metabolism.\*

It can support your body returning to a state of balance and optimal function, if you overindulge, make poor diet choices, or find yourself feeling out of balance due to stress. BOOSTER may also support restful sleep, digestion, and an overall sense of well-being.\*

## Benefits / Top retailing points

- Alkalizing minerals to help neutralize excess acidity in the body and support the body's natural pH balance\*
- Supports the body's bicarbonate reserves to aid in digestion\*
- Helps support the immune system, energy, and an overall sense of well-being\*
- Helps promote restful sleep\*
- Marshmallow root, fennel and organic lemon to aid digestion
- Non-GMO
- Gluten, dairy, and sugar free
- Soy, nut, and nightshade free
- No fillers, artificial flavors, sweeteners or preservatives
- Convenient, easy to swallow capsule
- Informed Sport Certified
- Kosher

## DID YOU KNOW?

- Stress and the modern diet can form destructive acids within the body
- Alcohol, coffee, meat, eggs, refined sugar, ultra-processed flour, and dairy products are acid forming after ingestion and should be consumed in moderation
- A plant-centered diet is considered a healthy way to support greater alkalinity
- Add Wellness by Seacret Greens to further support your body's balance

## Directions:

Take four capsules one hour after an acidic meal or before bed.

## Caution:

If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.



# BOOSTER

## Supplement Facts

Serving Size: 4 Capsules  
Servings Per Container: 30

	Amount Per Serving	% DV**
Calcium (from Calcium Carbonate)	302 mg	23%
Magnesium (from Magnesium Carbonate)	70 mg	17%
Sodium (from Sodium Bicarbonate and Himalyan Salt)	500 mg	22%
Potassium (from Potassium Bicarbonate)	89 mg	2%
<b>Mineral Blend</b>	<b>3 g</b>	<b>0</b>
Sodium Bicarbonate, Calcium Carbonate, Himalayan Salt, Magnesium Carbonate, Potassium Bicarbonate, Fennel Seed, Marshmallow Root, Organic Lemon Juice Powder.		

\*\*Percent Daily Value are based on a 2,000 calorie diet.  
\*Daily Value not established.

Other Ingredients: Vegetarian Capsule.





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# DIGESTX

## Product Description

DIGESTX is a full-spectrum vegetarian enzyme formula that aids in the digestion of proteins, carbs, fats, fiber, gluten, dairy, and soy. It supports your body’s digestive system and gastrointestinal tract.\* It can be used on a regular basis to help alleviate temporary digestive discomfort or occasionally for hard-to-digest meals.

## Benefits / Top retailing points

- Contains digestive enzymes
- Helps promote the digestion of protein-rich foods\*
- Supports digestion of carbohydrates\*
- Helps promote restful sleep\*
- Helps temporary gas and bloating associated with the foods you eat\*
- Aids in the digestion of proteins, fats, oils, fiber, dairy, and soy\*
- Non-GMO
- Gluten, dairy, and sugar free
- Soy, nut, and nightshade free
- No fillers, artificial flavors, sweeteners or preservatives
- All-in-one digestive enzyme formula

## DID YOU KNOW?

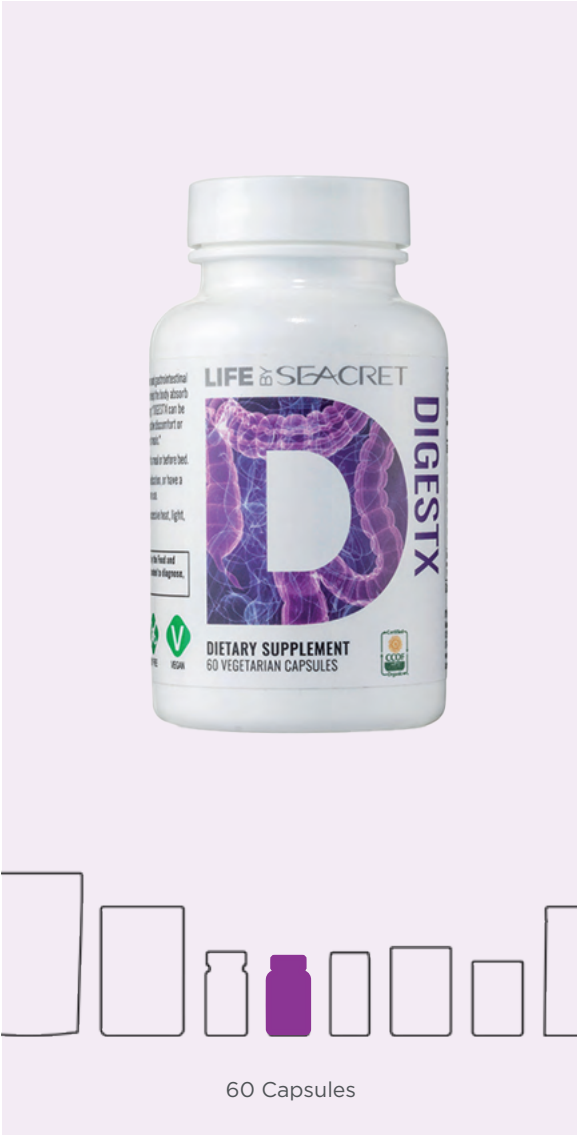
- Enzymes are naturally occurring substances contained in whole foods that are essential to the digestion and assimilation of dietary nutrients
- When whole foods are cooked above 118 degrees F (47.8 degrees C) many naturally occurring enzymes are deactivated or destroyed
- This reduces digestion efficiency and nutrient uptake
- Supplementing with a full-spectrum dietary enzyme formula can help support the natural digestive process\*

## Directions:

Take 2 capsules with a meal, or as directed by your health care practitioner.

## Caution:

If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.



# DIGESTX

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving
<b>SEACRET Digestive Blend</b>	<b>140 mg<sup>‡</sup></b>
<i>For Carb/Sugar/Dairy/Soy Digestion:</i> Amylase (3,750 DU), Lactase (1,000 ALU), Glucoamylase (10 AGU), Alpha Galactosidase (150 GalU), Invertase (SU), Diastase (from Amylase—2,500 DP)	
<i>For Protein/Gluten Digestion:</i> Protease Blend (16,000 HUT), Peptidase (4,000 HUT/100 DPPIV), Acid Stable Protease (25 SAPU)	
<i>For Fiber Digestion:</i> Cellulase (2,000 CU), Beta Glucanase (from Cellulase)	
<i>For Fat Digestion:</i> Lipase Blend (500 FIP)	
Bacillus subtilis (1 Billion CFU <sup>▲</sup> )	4.2 mg

<sup>‡</sup>Daily Value not established.    <sup>▲</sup>Colony Forming Unit

**Other Ingredients:** Organic Tapioca Maltodextrin, Vegetarian Capsule.

NON-GMO

GLUTEN FREE

DAIRY FREE

SOY FREE

VEGAN

NO ARTIFICIAL  
INGREDIENTS OR  
PRESERVATIVES





**Who Should Use HydroFX?**  
Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, or those who are exposed to common environmental pollutants might benefit from HYDRO FX supplementation.

**\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

# HYDROFX®

**Product Description**  
HYDROFX® is a unique long lasting mineral complex infused with hydrogen that supports cellular energy production and the body's natural antioxidant defense system.\*

Upon ingestion with water, HYDROFX® releases hydrogen and electrons within the body to support cellular energy production and the body's natural antioxidant defense system thus helping to protect the body against environmental and lifestyle related stress.\*

- Benefits / Top retailing points**
- Helps ease occasional discomfort and supports maintaining joint health and flexibility\*
  - Helps maintain a healthy nervous system and stress adaptation\*
  - Helps maintain blood sugar levels for those already in the normal range\*
  - Helps maintain a healthy cardiovascular system and supports healthy cholesterol levels for those already in the normal range\*
  - Provides bone mineralization benefits and supports healthy skin\*
  - Aids energy production and supports muscle tissue during exercise\*
  - Source of calcium to build strong bones\*
  - One serving per day is all that is needed
  - Vegan gel capsule system makes consumption simple and convenient
  - Kosher

- Did You Know?**
- Hydrogen is naturally occurring in the body and is fundamental in energy metabolism
  - Many of the mitochondria in our cells may not be functioning properly due to stress, unhealthy eating or exposure to environmental toxins and aging
  - Healthy bacteria in the gut microbiome produce hydrogen. However, low fiber diets, medications, stress, and high meat diets disturb the gut microbiome and reduce the natural production of hydrogen

**Key Ingredients**  
HYDROFX® (magnesium blend)

**Suggested Use:**  
As a dietary supplement, take 3 capsules daily with at least 8 fl. oz. of water or a water-based beverage.



# HYDROFX®

Supplement Facts		
Serving Size: 3 Capsules		
Servings Per Container: 30		
	Amount Per Serving	% DV
Calcium (from coral)	344mg	26%
Magnesium (from coral and magnesium oxide)	176mg	42%
Hydrogen-Charged Coral Powder	924mg	◇
◇Daily Value not established.		

Other Ingredients: Vegetable Cellulose Capsule, Magnesium Oxide.

NON-GMO

GLUTEN FREE

DAIRY FREE

SOY FREE

VEGAN

NO SUGAR ADDED

PLANT BASED

NO ARTIFICIAL INGREDIENTS OR PRESERVATIVES



**Who should use IMMUNX?**  
Any adult who consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, may benefit from IMMUNX supplementation.

**\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

# IMMUNX

## Product Description

ImmunX is an herbal supplement loaded with organic ingredients that is intended to support your body's immune system.\* It builds upon centuries of knowledge derived from Ayurveda and traditional Chinese remedies. It contains a proprietary blend of herbs, minerals, and mushrooms, which deliver zinc, andrographolides, polysaccharides, polyphenols, organic acids as well as additional bioactive compounds from Ginger, Turmeric, and Reishi that have been well demonstrated over centuries to support the immune system.\* ImmunX can be used on a regular basis to help support the body during times of stress.

## Benefits / Top retailing points

- Delivers immune system\* supporting minerals, antioxidants, and co-factors
- Supports proper immune system\* regulation in those that are already healthy
- Contains L-OptiZinc a form of zinc that is up to 25% more bioavailable than other forms of dietary zinc
- Loaded with organic ingredients
- Gluten, dairy and sugar free
- Soy, nut and nightshade free
- Contains adaptogenic herbs
- No fillers, artificial flavors, sweeteners or preservatives

## Did you know?

Did you know that the Immune System is the body's natural internal defense force? It produces and sends into action specialized cells responsible for defending the body against invaders like bacteria and viruses. These cells are like well-trained warriors tasked with defending the temple. However, they can only do their jobs well if they are properly equipped. Therefore, it's important to get daily nutrients to support your immune system.

**Directions:** Take 3 capsules with a meal or as directed by your healthcare practitioner.

## Caution

If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.

**Supplement Facts Next Page**



# IMMUNX

## Supplement Facts

Serving Size: 3 Capsules		
Servings Per Container: 30		
	Amount Per Serving	% DV**
Zinc (as zinc mono-L-methionine) (L-OptiZinc®)	15 mg	136%
Andrographin® Andrographis paniculata leaves Extract (10% Andrographolide), Organic Elderberry (Sambucus nigra) (fruit), Organic Astragalus (Astragalus membranaceus) (root), Organic Chaga Mushroom (Inonotus obliquus) (fruiting body), Star Anise (Illicium verum) (fruit), Organic Olive (Olea europaea) Leaf Extract, Organic Ginger (Zingiber officinale Rosc.) (root), Organic Reishi Mushroom (Ganoderma lucidum) (fruit body), Organic Turmeric (Curcuma longa) Extract (95% Curcuminoids) (root).	1.66 g	0

\*Daily Value not established.  
\*\*Percent DV are based on a 2,000 calorie diet.

**Other Ingredients:** Vegetarian Capsule, Organic Tapioca Starch





ENERGY  
CLEAN ORGANIC FUEL

RASPBERRY BLAST FLAVOR  
ENERGY DRINK POWDER  
20 INDIVIDUAL PACKETS (8g each)

DIETARY SUPPLEMENT  
NET WEIGHT 160g (5.60 oz)



20 Sachets

**Who should use ENERGY?**  
Any adult who consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, who find themselves relying on coffee or energy drinks to get through the day may benefit from ENERGY.

**\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

# ENERGY

**Product Description**  
ENERGY is a USDA certified organic energy blend provided in a convenient, easy to carry single-serve sachet. This product is packed with functional plant-based ingredients including adaptogenic herbs, superfoods, and other nutrients known to support natural energy production while also providing antioxidant benefits.\* Each sachet contains ~120mg of naturally occurring, plant-derived, organic caffeine from green coffee beans, matcha green tea, and yerba mate to give you that boost of energy when you need it the most.\*

Energy is expertly balanced with the wellness supporting\* antioxidant power of goji berry, acai berry, maca root, moringa leaf, monk fruit extract, ginseng root, and cordyceps. Feel the energy each and every day with our great tasting, no added sugar, Energy.\* Drink up and enjoy!

- Benefits / Top retailing points**
- All organic ingredients
  - Contains adaptogenic herbs and antioxidants
  - Delivers ~120mg of caffeine derived from organic sources
  - Supports natural energy\*
  - Gluten, and dairy free
  - Soy, nut, and nightshade free
  - No fillers, artificial flavors, sweeteners or preservatives

**Did you know?**  
Most energy drinks contain just as much or more sugar than soda pop—up to 50 grams of sugar per serving in some cases. In contrast, ENERGY relies on adaptogenic herbs for the energy boost and delivers a mere 1 gram of sugar per serving.

**Directions:**  
Empty packet into 6-8 fl oz of water, shake well until powder dissolves. Consume up to 3 servings a day.

**Caution**  
If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.

**Supplement Facts Next Page**



ENERGY  
CLEAN ORGANIC FUEL

RASPBERRY BLAST FLAVOR  
ENERGY DRINK POWDER  
20 INDIVIDUAL PACKETS (8g each)

DIETARY SUPPLEMENT  
NET WEIGHT 160g (5.60 oz)




20 Sachets


# ENERGY

Supplement Facts		
Serving Size: 1 Packet (8g)		
Servings Per Container: 20		
	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	7 g	3%*
Total Sugars	<1 g	**
<b>Fruit Wellness Blend*</b>	1.3 g	**
Organic Lemon Juice Powder (Fruit), Organic Apple (Fruit), Organic Acai Berry (Fruit), Organic Goji Berry ( <i>Lycium barbarum</i> ) (Fruit).		
<b>Energy Herbal Blend*</b>	273 mg	**
Organic Green Coffee Extract (Caffeine) (Fruit), Organic Panax Ginseng Extract (Root), Organic Cordyceps Mushrooms (Fruiting Body), Organic Matcha Green Tea (Leaf), Organic Maca (Root), Organic Moringa ( <i>Moringa oleifera</i> ) (Leaf), Organic Yerba Mate (Leaf).		
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		


**Other Ingredients:** Organic Brown Rice, Organic Raspberry Flavor, Ascorbic Acid, Organic Beet Root Juice Powder, Organic Stevia Leaf Extract, Organic Lo Han Guo (Monk Fruit) Fruit Extract.




NON-GMO




GLUTEN FREE




DAIRY FREE




SOY FREE



VEGAN



PLANT BASED



NOARTIFICIAL INGREDIENTS OR PRESERVATIVES





**Who Should Use Probiotx?**  
Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle might benefit from supplementation with Probiotx.

**\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

# PROBIOTX

**Product Description**  
ProbiotX is a combined prebiotic and probiotic dietary supplement intended to support bacterial balance within the body. It builds upon 100 years of scientific research related to the body’s microbiome. It is an organic certified, multi-strain, broad spectrum, shelf-stable formula. Each serving of ProbiotX contains 20 billion CFU of probiotic made up of 6 unique strains. These acidresistant probiotics are some of the most clinically studied known to support immune, respiratory, and digestive health, as well as overall healthy gut flora.\*  
ProbiotX is consumed as a great tasting quick melt powder. It can be used on a regular basis to help support the body’s bacterial balance.

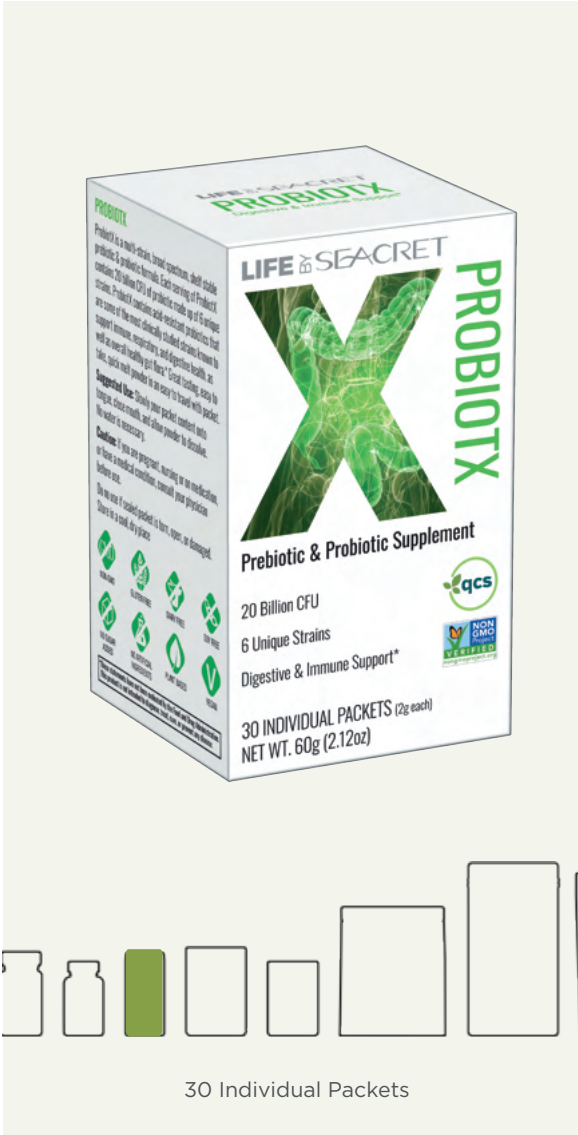
- Benefits / Top retailing points**
- Supports gastrointestinal health and may promote a favorable gut flora.\*
  - Supports nutrient absorption and helps regulate digestion.\*
  - Helps alleviate occasional gas and bloating, and supports bowel regularity.\*
  - Supports the immune system.\*
  - Non-GMO
  - Gluten, dairy, and sugar free
  - Soy, nut, and nightshade free
  - No artificial ingredients
  - Kosher
  - Vegan

**DID YOU KNOW?**  
Did you know that the average human body contains 39 trillion bacteria—even more bacteria than it does cells? And did you know that good bacteria in the body are linked to positive effects on digestive, immune, and nervous system health?

**Directions:** Slowly pour packet contents onto tongue, close mouth, and allow powder to dissolve. No water is necessary.

**Caution:**  
If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Do not use if seal is broken or missing.

Supplement Facts Next Page



# PROBIOTX

Supplement Facts		
Serving size: 1 Packet		
Servings per container: 30		
	Amount per Stick	% Daily Value**
Calories	10	
Total Carbohydrate	2 g	<1%
Total Sugars	0 g	
Includes 0g Added Sugars		0%
Sugar Alcohol	<1 g	
A Proprietary Probiotic Blend	92 mg	
Total Cultures	20 Billion CFU	
Lactobacillus plantarum UALp-05™		◇
Lactobacillus rhamnosus UALr-18™		◇
Lactobacillus acidophilus DDS®-1		◇
Bifidobacterium lactis UABla-12™		◇
Lactobacillus paracasei UALpc-04™		◇
Lactobacillus casei UALc-03™		◇
**Percent Daily Value are based on a 2,000 calorie diet.		
◇Daily Value not established.		

**Other Ingredients:** Organic Inulin, Organic Erythritol, Organic Rice Hulls.





90 Tablets

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Caution:** If you are pregnant, nursing or on medication, or have a medical condition, consult your physician before use. Keep bottle out of reach of children. Product labeled for consumers 4 years and up. Do not use if seal is broken or missing. Avoid excessive heat, light, and moisture.

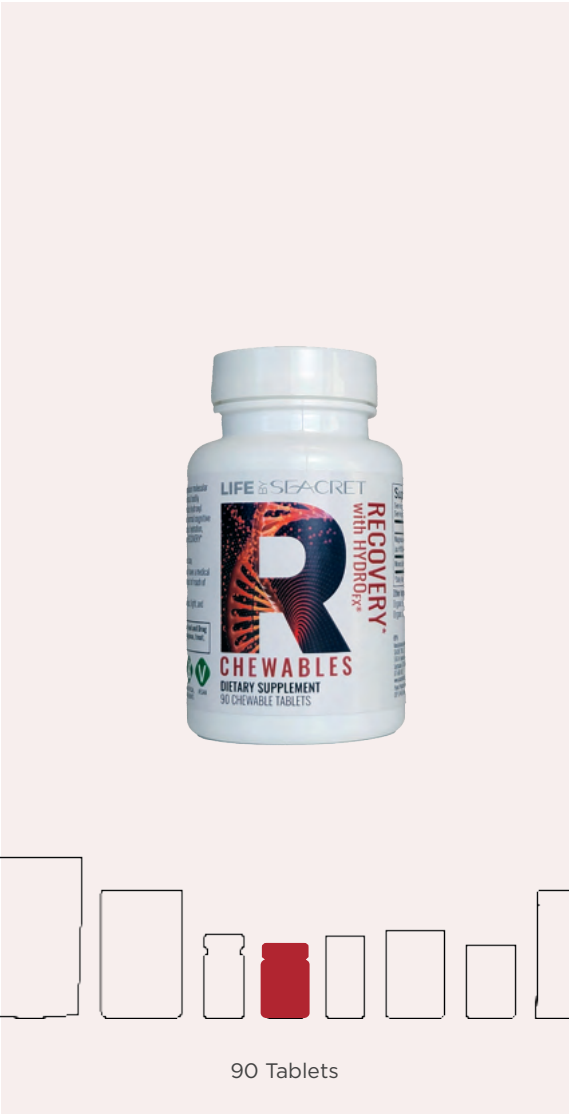
# RECOVERY Chewables

**Product Description**  
RECOVERY\* with HYDROFX® is laboratory tested to produce molecular hydrogen. Molecular hydrogen may help to support normal bodily functions.\* Molecular hydrogen may target and neutralize hydroxyl radicals.\* Molecular hydrogen may be used to support normal cognitive health, normal immune system function, energy production, hydration, detoxification, joint health and homeostasis.

- Benefits**
- Supports an alkaline state in cells and tissues\*
  - Helps the body's natural ability to process lactic acid\*
  - Supports physical and mental energy\*
  - Nutrition for the body's natural anti-aging mechanisms\*
  - Supports body's major organs/systems\*
  - Informed Sport Certified
  - Helps ease occasional discomfort and supports maintaining joint health and flexibility\*
  - Helps maintain a healthy nervous system and stress adaptation\*
  - Helps maintain blood sugar levels for those already in the normal range\*
  - Helps maintain a healthy cardiovascular system and supports healthy cholesterol levels for those already in the normal range\*
  - Provides bone mineralization benefits and supports healthy skin\*
  - Aids energy production and supports muscle tissue during exercise\*
  - Source of calcium to build strong bones\*
  - Vegan chewable raspberry flavored tablets make consumption simple and convenient
  - Kosher

- Did You Know?**
- Hydrogen is naturally occurring in the body and is fundamental in energy metabolism
  - Many of the mitochondria in our cells may not be functioning properly due to stress, unhealthy eating or exposure to environmental toxins and aging
  - Healthy bacteria in the gut microbiome produce hydrogen. However, low fiber diets, medications, stress, and high meat diets disturb the gut microbiome and reduce the natural production of hydrogen

**Key Ingredients**  
**HydroFX® (magnesium blend)**  
Suggested Use: Take two tablets two to three times per day.



90 Tablets

# RECOVERY Chewables

Supplement Facts		
Serving Size: 2 Tablets		
Servings Per Bottle: 45		
	Amount Per Serving	% DV
Magnesium	68 mg	16%
(as HYDROFX®-Magnesium Hydrogen Blend )		
Mineral Blend (as HYDROFX®)	120 mg	◇
◇Daily Value (DV) not established.		

Other Ingredients: Organic Xylitol, Organic Erythritol, Organic Raspberry Flavor, Organic Tapioca Starch, Organic Tapioca Maltodextrin.



NON GMO



GLUTEN FREE



DAIRY FREE



SOY FREE



NO SUGAR ADDED



NO ARTIFICIAL INGREDIENTS



VEGAN



30 Chewable Tablets



**VITAMIN D**  
Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, or those frequently exposed to pollution might benefit from VITAMIN D supplementation.

# VITAMIN D

### Product Description

VITAMIN D is a great tasting, plant-based, chewable vitamin D3 (from lichen) and vitamin K2 (from chickpea). This therapeutic dose of vitamin D3 and K2 is designed to help maintain optimum levels of vitamin D and vitamin K as well support a healthy immune system, help maintain strong bones, and help support a healthy heart and cardiovascular system.

### Benefits / Top retailing points

- Helps support healthy brain and nervous system functions.
- Helps support a healthy mood.
- Helps support healthy cellular function and metabolism.
- Helps regulate Calcium and Phosphorus levels in the blood to help support healthy bones, muscles, joints and teeth.
- Helps support a healthy immune system.
- Helps support healthy bone mineral density and concentration.
- Helps support proper calcium absorption, utilization and metabolism, helping to keep calcium in the bones and out of the arteries.
- Helps support healthy heart and cardiovascular health including arterial elasticity and flexibility as well as healthy blood clotting.
- Convenient, great-tasting chewable tablet with NO synthetic or artificial ingredients.
- Made with certified organic ingredients: organic tapioca starch and maltodextrin (prebiotic), erythritol and xylitol, which support dental health.
- Formulated for adults, not labeled for children.

### Key Ingredients

Vitamin D3 (From Lichen) and Vitamin K2 (MK-7 from chickpea)

### Directions

As a dietary supplement, take 1 tablet daily.

### Supplement Facts Next Page

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



30 Chewable Tablets

### Did you know?

- There are two types of vitamin D: Vitamins D2 and D3. In the past, D2 was the only vegan option for vitamin D as D3 typically came from lanolin, the waxy substance of a sheep's wool treated with harsh chemicals for extraction.
- Our vegan D3 from lichen is a recent development of extraction and processing.
- Seacret Vitamin D3 provides cholecalciferol, the same form of vitamin D produced by our skin through UVB exposure from the sun. There is a specific, limited window of opportunity where sun exposure can provide the correct UVB level for vitamin D3 production, meaning it is a bit trickier than just staying under the sun for 10 minutes daily.
- Compared to D2 (ergocalciferol), D3 (cholecalciferol) is more readily absorbable and therefore effective in raising vitamin D level in our body.
- Vitamin D3 and K2 are easily absorbed by the body and are the perfect pair for bone health, reducing the potential for fractures.
- Vitamin D3 and K2 help maintain strength to encourage physical activity as well help lower the potential for mineral build up in the arteries.

# VITAMIN D

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 30

	Amount Per Serving	%DV**
Vitamin D3 (as Cholecalciferol from Lichen)	125 mcg	625%
Vitamin K2 (as Menaquinone-7) (MK-7 from Chickpea) (MenaQ7®)	100 mcg	83%

\*\*Percent DV are based on a 2,000 calorie diet.

Ingredients: Organic Tapioca Starch, Organic Tapioca Maltodextrin, Organic Erythritol, Organic Xylitol.



SOY FREE



NO SUGAR  
ADDED



NO ARTIFICIAL  
INGREDIENTS



VEGAN



NON GMO



GLUTEN FREE



DAIRY  
FREE

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